Abdul Wahab

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# Objective:

To lead the firm being an innovative employee to increase its productivity and performance by carrying out work effectively and efficiently.

**Job Experience**

**Designation: Infection Preventionist from: March 2024 - present**

**Unit: Infection Control department (I.C.D)**

**Employer: The Indus Hospital & Health Network. (TIH) Karachi. Pakistan Job Description:**

* Providing education and training to healthcare personnel, including nurses, physicians, and support staff, on infection prevention and control practices. This may involve conducting training sessions, developing educational materials, and promoting awareness of best practices.
* Conducting surveillance of healthcare-associated infections by monitoring and analyzing data on infection rates.
* Implementing, and evaluating infection control policies, procedures, and guidelines based on evidence-based practices and regulatory requirements. This includes establishing protocols for hand hygiene, isolation precautions, environmental cleaning, and sterilization/ disinfection of medical equipment.
* Compiling and reporting data on healthcare-associated infections to internal and external stakeholders

**Designation: ICU Nurse from: November 2020 – Feb,2024**

**Unit: Medical Critical Care Complex (MCCC)**

**Employer: The Indus Hospital & Health Network. (TIH) Karachi. Pakistan Job Description:**

* Ensured high levels of patient-centric care and worked collaboratively with teams of medical professionals on care plan development.
* Managed execution of care plans and patient evaluations.
* Conduct head to toe assessment of patient
* Coordinated and conducted rigorous monitoring of patients, checking, and recording vitals and ensuring that patient comfort was optimized.
* Monitored medical equipment and life support devices including, pulse oximeter, heart monitors and ventilators.
* Managed IVs, art line, chest tubes, catheters and endotracheal tubes, closely monitoring to ensure proper functioning.
* Complete special assignment, for e.g. crash cart, stock medication, narcotics, managing duty roaster, refrigerator items as assigned by HN.
* Ensure, complete initial assessment of patient within 24 hours of admission to identify care needs and document it accurately.
* Participate in establishing standards of care with unit staff and monitoring delivery of care according to set standards in the areas of Quality assurance and Infection Control.
* Performing Medical Procedures, for e.g. (I.V, I.M, I.G, Subcutaneous Injections, Naso Gastric tube insertion, Foley catheter).
* Perform safe Medications administration to the Patients.

**Designation: Intensive care unit (ICU) Technician From: Nov.2016 to Dec.2020**

**Unit: Cardiac ICU Technician**

**Employer: Pakistan Naval Shifa (PNS) Hospital Karachi. Pakistan**

**Job Description:**

* Conduct head to toe assessment of patient
* Coordinated and conducted rigorous monitoring of patients, checking, and recording vitals
* Ensuring that patient comfort was optimized.
* Participate in establishing standards of care with unit staff and monitoring delivery of care according to set standards in the areas of Quality assurance and Infection Control.
* Managing independently post operative (CABG and MVR OR AVR) patients.
* ACLS and BLS provider
* Intubation assessment.
* Performing Allen’s test and collecting sample of ABG's.
* Managed IVs, art line, nasogastric tube, pigtail tube, chest tubes, catheters and endotracheal tubes, closely monitoring to ensure proper functioning.
* Assessment of medical procedure e.g. double lumen catheter, CVP line, lumber puncture, surgical site infection.

**Academic Education**

# Degree Year Institute

* Bachelor of science in nursing 2024 Dow University of Health Sciences

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| --- | --- | --- |
| * Diploma in Cardiology | 2021 | Indus College of Nursing |
| * Diploma in General Nursing | 2020 | Indus College of Nursing |
| * ICU Technician | 2016 | PNS Shifa Hospital Karachi |
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| * SSC * Diploma in infection control * QIPs Certification   **LICENSURE:**  State: Pakistan  License Number: PK-S-20-A-270830  Initial registration date: 24-12-2020 Valid Up to: 10-06-2027 | 2016  2023  2020 | Federal Board  Indus University (I.U.H.S)  Indus Hospital (TIH) |

# Basic jobs Responsibilities during Professional Experience

Glucose testing, vital signs, Activity of Daily Leaving such as mobility Assistance, Bathing, assisting patients with meals and snack, Transporting / escorting patients, Specimens, equipment and supplies; assisting with Stockings.

# Patient's Care Include:

**Cardiovascular**

Heart Failure, Myocardial Infarction/MI Revascularization Abnormal Rhythms

# Integumentary Pressure

Ulcers Bacterial Skin

Infections/Cellulitis/Abscess Necrotizing Fasciitis, Burns

# Genitourinary

Urinary Obstruction/Infection Acute Renal Failure TURP, End-Stage Renal

# Musculoskeletal

Rheumatoid Arthritis, Joint Replacements Amputation

# Gastrointestinal/ Endocrine

Diabetes, GI/Lymph Cancer, Gall Bladder Disease/Stones Liver Cirrhosis, Ulcerative colitis/Inflammatory Bowel Disease, Pancreatitis, Upper GI/Lower, and GI Bleed.

# Communicable Diseases:

T.B, Hepatitis, HIV/AIDS, STDs, Malaria, Measles

# Respiratory/ Pulmonary

Embolism, Pneumothorax/Chest Tube Lung/Throat Cancer Pneumonia, Asthma COPD/Emphysema Pulmonary Edema, and Respiratory Failure

**Certification**

# Course Year Institute

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| --- | --- | --- |
| * Critical care refresher course | 2024 | Indus Hospital |
| * IV Cannula Certificate | 2022 | Indus Hospital |
| * Medication Certificate | 2023 | Indus Hospital |

**Skills, Traits and Qualities**

* Good communication and presentation skills
* Innovative, Cooperative and Result Oriented
* Ability to motivate colleague’s/group members to attain a specific task
* Ability to accomplish tasks very effectively and efficiently
* Honest and Hardworking

**References**

References will be furnished upon request